

### **RETURN TO PLAY**

## **#Return Smarter #Return Stronger**

We remind everyone to following Washington State's Stay Home Stay Safe policy. Safety is our club's priority, we support a family's choices not to participate if a player does not feel comfortable attending.

Click to review
WYS Return to Play Guidelines

Click to review
Washington's Phased Approach

This document has been created to follow Washington Youth Soccer guidelines, and support our coaches, players and families to adhere to Washington's Phased Approach.



- · SHELTER IN PLACE
- Individual training sessions in your home/residence using your own equipment.
- COACHING OCCURS VIR-TUALLY. NO COACHES OR OTHER ATHLETES SHOULD HAVE CONTACT WITH EACH OTHER PURING THIS TIME
- Training sessions may be allower with fewer than 5 players at a time.
- Social pistancing, no contact.
- COACHES WEAR MASKS BEFORE AND AFTER TRAINING AND CLEAN EQUIPMENT AFTER EACH SES— SION.
- Players wear masks before and after session and use hand sanitizer immediately following each session.
- . NO NON-ESSENTIAL TRAVEL.

- FULL TEAM TRAINING AL-LOWED, LIGHT CONTACT.
- Up to 50 People are al-LOWED AT RECREATIONAL SPORTING EVENTS, BUT RECREATIONAL FACILITIES MUST NOT EXCEED 50%.
   OF THEIR CAPACITY.
- NON-ESSENTIAL TRAVEL CAN RESUME, BUT SHOULP ONLY BE PONE IF NECESSARY ANP IN ACCORPANCE WITH FEPERAL, STATE, ANP LOCAL PROTOCOLS.

- No restrictions.
- Physical and social distancing recommended.









## **Action Plan**

# Athlete & Coach Roles & Responsibilities

	Athlete		Coach	Parent
A A A A A A A	If you are not comfortable returning to play, don't.  Adhere to all return to play protocols.  Respect and practice social distancing.  If you have a temperature, do not come to training.  Notify club, if you or a household member has tested positive for covid-19.  Wash hands before and after training.  Wash and sanitize training equipment after each session (cleats, shinguards, ball, gloves and clothes).  Do not share water, food or		Adhere to all return to play protocols.  If you have a temperature, do not come to training, notify club.  Notify club, if you or a household member has tested positive for covid-19.  Wash hands before and after training.  Wash and sanitize training equipment after each session.  Do not share water, food or equipment.  Respect and practice social distancing.  Place equipment & bags at least 6 ft. apart.  No celebrations, high 5's, etc.	If you are not comfortable with your child returning to play, don't.  Adhere to all return to play protocols.  Respect and practice social distancing.  Check your child's temperature before training.  Notify club, if you athlete or a household member has tested positive for covid-19.  Ensure that training equipment (cleats, shinguards, ball, gloves and clothes) is washed/sanitized after each session.  Supply sanitizer for your child.  Ensure your athlete brings water and a ball to training.
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	equipment. Place equipment & bags at least 6 ft. apart. No celebrations, high 5's, etc. Carry hand sanitizer.	>	Carry hand sanitizer.	



session).

### **Action Plan**

## **Athletes & Parents: Preparing for Training**

In addition to coach, player and parent responsibilities, please review guidelines for preparing to attend training sessions.

	Athletes		Parents
PRE-	TRAINING SESSION	PRE-	TRAINING SESSION
>	Review all return to play protocols.	>	Review all return to play protocols.
>	Check your temperature before training.	>	Check the athlete's temperature before training.
>	If you have a temperature, do not come to training.	>	If you have a temperature, do not come to training.
>	Notify coach/club, if you or a household member has tested	>	Notify coach/club, if you or a household member has
	positive for covid-19.		tested positive for covid-19.
>	It is recommended that athletes go to bathroom before leaving	>	Encourage athlete to go to bathroom before leaving home.
	home.	>	Ensure athlete washes hands before leaving home.
>	Athletes should washes hands before leaving home.	>	Ensure all clothing/equipment is clean/sanitized.
>	Each athletes should bring their own ball, water bottle and club	>	Review field entry/exit points.
	supplied pinnies to each training session.	>	Athletes should stay in car until notified by coach (team
>	All clothing/equipment is clean/sanitized.		text).
>	Review field entry/exit points.	>	There should be no socializing before training.
>	Athletes should stay in car until notified by coach (team text).		
>	There should be no socializing before training.	POST	TRAINING SESSION
>	Athletes should wear a mask to/from training.	>	Ensure athlete is picked-up on time.
		>	Ensure athlete washes following training session.
POST	TTRAINING SESSION	>	Ensure athlete's equipment is cleaned/sanitized.
>	No socializing after training/quick pick-up.	>	Check-in with athletes:
>	Check-in with your parents, let them know how training was (it's		<ul> <li>Did they have fun?</li> </ul>
	important)		<ul><li>Did they work hard?</li></ul>
>	Athlete should shower/wash following training session.		O How do they feel?
>	Ensure equipment is cleaned/sanitized (prepared for next		



## **Action Plan**

## **Coaches: Preparing for Team Training**

In addition to coach, player and parent responsibilities, please review guidelines for preparing to attend training sessions.

	Equipment & Safety		Practice Plans
Ve re	commend taking the following actions in preparation:		
>	Review and adhere to all return to play protocols.	>	Sessions are technical based sessions.
>	Notify club, if you or a household member has tested positive for covid-19.	<b>&gt;</b>	Ensure distancing within all activities.
$\triangleright$	If you have a temperature, do not come to training (notify club).		
$\triangleright$	Review entry/exit points for fields		
$\triangleright$	We recommend using the bathroom before leaving home.		
$\triangleright$	Wash hands before leaving home.		
$\triangleright$	Carry hand sanitizer.		
$\triangleright$	Respect and practice social distancing.		
$\triangleright$	There will be a 30-min window between training session (prepare).		
$\triangleright$	Clothing/equipment should be cleaned/sanitized before training.		
$\triangleright$	The coach should be the only person handling equipment.		
>	If a coach, has two teams, clean/sanitized equipment must be used for each training session.		
>	Ensure area is clean and safe before allowing players onto a training area.		
$\triangleright$	Notify families and players they can exit cars and begin training.		
$\triangleright$	Consistent and timely communication with teams is important.		



#### **Battle Point Turf - Entry & Exit**

Entry and exit via the points highlighted closest to the field your team will be training on. Players should remain in cars and away from the field until text notification from coach that the field is ready for safe play. Athletes pick-up should be quick.





#### **Battle Point Grass- Entry & Exit**

Entry and exit via the points highlighted closest to the field your team will be training on. Players should remain in cars and away from the field until text notification from coach that the field is ready for safe play. Athletes pick-up should be quick.

