

## **NSYSA U11 – U12 Rules & Regs**

9 v 9, eight field players + one keeper

Size 4 ball

30-minute halves, 5-minute halftime

SHIN GUARDS UNDER SOCKS FULLY COVERED.

Build-Out Line (BOL) players must retreat to the BOL until the ball is put back into play (via goal kicks, all free kicks and keeper possession)

No heading the ball

No punting/dropkicks

No slide-tackling

No metal or jewelry

The offside position if the player is behind the Midfield Line and closer to the goal than the ball and the 2nd to last opponent home team changes in the event of a color conflict.

50% play time for each player.

### **Reporting of Match Results**

1. Match results are to be inputted by a member of each team's staff (coach, assistant coach, manager) no later than 9:00pm on Sunday evening via the NSYSA Website, [www.nsysasoccer.org](http://www.nsysasoccer.org) as specified under **Coach: FAQ – How to Submit Match Reports**